

COVID-19 Community Resources:

East Palo Alto, Menlo Park, Redwood City

To view website links on this sheet, access an online version of this guide by taking a picture of the QR code to the right!



FOOD RESOURCES: Take-out meals and Pre-packaged groceries

For more referrals in your community, contact [Second Harvest Food Bank](#) at 1-800-984-3663

Organization		Location	Days, Hours	Contact Info
East Palo Alto Ecumenical Hunger Program	Groceries	2411 Pulgas Ave. East Palo Alto CA	Tues - Thurs 10am-12pm; 2:30-4:30pm	(650) 323-7781 Link to info
East Palo Alto Family Harvest	Groceries	St. Samuel Church 1852 Bay Road, East Palo Alto CA	Tuesday 12 - 2 pm	Link to Info
East Palo Alto & Redwood City Nuestra Casa	Groceries	1842 W. Bayshore Rd. 4 Newell Ct, East Palo Alto	1 st and 3 rd Saturday 1:00 pm	Kim Ruiz (650) 330-7411 Link to info
		1991 Manhattan Ave, East Palo Alto 445 East O'Keefe St, East Palo Alto 1928 Cooley Av, East Palo Alto	2 nd and 4 th Saturday 1:00 pm	
		1805 E Bayshore Road #100, East Palo Alto	1 st and 3 rd Wednesday 2 - 5pm	
		770 9 th Avenue Redwood City, CA	2 nd and 4 th Wednesday 2:30 - 5:30 pm	
East Palo Alto & Redwood City Boys and Girls Club	Meal, Groceries	East Palo Alto Clubhouse 2031 Pulgas Ave.	Dinners: M-F 6 - 7pm Groceries: Fri 6 - 7 pm	James Harris (650) 646-6122 Link to info
		Redwood City Clubhouse 1109 Hilton St.	Dinners: M-F 6 - 7pm Groceries: Wed 6-7pm	
Menlo Park St. Anthony's Padua Dining Room	Meals	3500 Middlefield Road, Menlo Park	Mon - Sat 11am - 1pm	(650) 365-9664
Redwood City Veterans Memorial Senior Center	Meals for Seniors (60+)	1455 Madison Ave, Redwood City CA	M-F 11am - 1pm *call to reserve food*	(650) 780-7259 Link to info

Covid-19 Relief & CORE Service Agencies: Food, Rent, Utility-bill assistance, etc.

[Click here to see more sites](#)

Organization	Areas Served	Contact Info
Fair Oaks Community Center	Redwood City, North Fair Oaks, Portola Valley, Woodside, Atherton	(650) 780-7500
Samaritan House - South	East Palo Alto, Menlo Park	(650) 294-4312 Link to info

LEGAL HELP: Health care, Housing, Public Benefits

Organization	Areas Served	Contact Info
Legal Aid Society of San Mateo County	San Mateo County	(650) 558-0915; Link to info
Community Legal Services of East Palo Alto (CLSEPA)	San Mateo County, Mountain View	(650) 326-6440; https://clsepa.org/
Project Sentinel (Housing)	Bay Area	(650) 321-6291; housing.org

WORK-RELATED HELP:

Unemployment/ Disability insurance, Sick/Family leave, etc.

California Employment Development Department	Link to info; Video Tutorial
Legal Aid at Work	(415) 864-8848 Link to COVID Employment FAQs
CLSEPA	(650) 326-6440; Guide to apply

Immigration

Free and confidential help

Raid Response - if ICE comes to your door	(203) 666-4472
LIBRE - Help accessing public benefits	(650) 665-3086 Link to info
Undocumented Worker Relief Funds	Link to info

COVID-19 Recursos Comunitarios:

East Palo Alto, Menlo Park, Redwood City

Para ver los links en esta página, acceda este panfleto por internet con tomándole una foto al Codigo QR en la derecha.



Recursos de Comida: Cena para llevar y comida empacada

Para aprender de más recursos en su comunidad, llame [Second Harvest Food Bank at 1-800-984-3663](tel:1-800-984-3663)

Organización	Comida	Dirección	Calendario	Información
<u>East Palo Alto</u> Ecumenical Hunger Program	Comida empacada	2411 Pulgas Ave. East Palo Alto CA	Martes – Jueves 10am-12pm; 2:30-4:30pm	(650) 323-7781 Sitio Web
<u>East Palo Alto</u> Family Harvest	Comida empacada	St. Samuel Church 1852 Bay Road, East Palo Alto CA	Martes 12PM – 2PM	Sitio web
<u>East Palo Alto & Redwood City</u> Boys and Girls Club	Cena y Comida empacada	East Palo Alto Clubhouse 2031 Pulgas Ave.	Cena: Lunes a Viernes, 6PM – 7PM Comida: Viernes, 6 – 7PM	Pregunte por James Harris (650) 646-6122 Sitio web
		Redwood City Clubhouse 1109 Hilton St.	Cena: Lunes a Viernes 6PM – 7PM Comida: Miércoles, 6–7pm	
<u>East Palo Alto & Redwood City</u> Nuestra Casa	Comida empacada	1842 W. Bayshore Rd. 4 Newell Ct., East Palo Alto	1º y 3º sábado de mes: 1:00pm	Kim Ruiz (650) 330-7411 Sitio web
		1991 Manhattan Ave, East Palo Alto 445 East O’Keefe St., East Palo Alto 1928 Cooley Av., East Palo Alto	2º y 4º sábado de mes: 1:00pm	
		1805 E Bayshore Road #100, East Palo Alto	1º y 3º miércoles de mes: 2-5pm	
		770 9 th Avenue Redwood City, CA	2º y 4º miércoles de mes: 2:30-5:30pm	
<u>Menlo Park</u> St. Anthony’s Padua Dining Room	Cena	3500 Middlefield Road, Menlo Park	Lunes a sábado 11am – 1pm	(650) 365-9664
<u>Redwood City</u> Veterans Memorial Senior Center	Cenas para personas de la tercera edad (60+)	1455 Madison Ave, Redwood City	Lunes a viernes 11 am – 1pm *Llama para reservar*	(650) 780-7259 Sitio Web

Agencias de servicios críticos : Comida, Renta y Asistencia de facturas, otros servicios

[Haga clic aquí para ver más sitios](#)

Organización	Áreas Servidas	Teléfono
Fair Oaks Community Center	Redwood City, North Fair Oaks, Portola Valley, Woodside, Atherton	(650) 780-7500
Samaritan House – South	East Palo Alto, Menlo Park	(650) 294-4312 Sitio Web

Ayuda Legal: Salud, Hogar, y Servicios públicos

Organización	Áreas Servidas	Para más información
Legal Aid Society of San Mateo County	San Mateo County	(650) 558-0915; Sitio Web
Community Legal Services of East Palo Alto (CLSEPA)	San Mateo County, Mountain View	(650) 326-6440; https://clsepa.org/
Project Sentinel (Hogar)	Bay Area	(650) 321-6291; housing.org

Asistencia con problemas del trabajo:

Seguro de discapacidad o desempleo, Baja por enfermedad o familia, etc.

California Employment Development Department	Sitio Web ; Video tutorial
Asistencia legal con el trabajo (Legal Aid at Work)	(415) 864-8848; Preguntas frecuentes
CLSEPA	(650) 326-6440; Preguntas frecuentes

Inmigración

Ayuda gratuito y confidencial

Rapid Response - Obtenga ayuda si ICE llega a la puerta	(203)666-4472
LIBRE - Acceda a asesoramiento para acceder a beneficios públicos	(650)330-6442 Sitio Web
Alivio Financiero para Trabajadores Indocumentados	Sitio Web